Dunwich State School is a great school that can only get better in 2014. There are so many great community projects happening at the moment. This week the police and education combine to award students in the older grades for good: Attitude; Academic and Attendance (AAA). Congratulations to Jasmine Streeter; Lucy Moreton-McDougal; Robert Griffen; Druin Grose; Isaiah Nicholls; Joshua Prior-Dallas; Jake Powell; Lincoln Buscombe; Grant Walker; Issiah Delaney; Kuruwyerna Cooper and Mikayla Turuhwenua who were selected to go on the excursion to Paradise Country today.

Constable Jeff Harvey visited parade on Monday to speak to the students about the dangers of “Jetty Jumping”. Constable Harvey mentioned dangers such as sharks, sharp rocks and the “Flyer” coming and going. The Police have already stopped students who have been reported Jetty Jumping from going on AAA excursions and they will continue to do so in the future. Constable Harvey encouraged students to stay safe and to talk to adults if they are concerned for the safety of other students.

The Great Results Guaranteed Program operates outside of school hours and is totally focussed upon extending the literacy results for students. Debbie Phillips; Desleigh Specht and Alison Henny work with the students on student centred work. Special thanks to these highly trained teacher aides.

The Garden Sub-Committee are proud to announce that Bunnings will be visiting this Thursday to assist with the projects and that Sibelco has approved funds for the construction on the “Yarning Circle”. If you are interested in discussing the plans for the Yarning Circle please phone Elisha Iselin on 34096303.

We are also proud of the student’s behaviour out in the community. Mrs Surawski congratulated the students for their sportsmanship on the weekend when they were playing for the Straddie Sharks. She mentioned that they played hard and were fair. Well Done!

Special Note :- The visit from the Assistant Regional Director has been postponed until Thursday 27th March.

Don’t forget that tomorrow is the National Day of Action against Bullying and Violence and the students are permitted to wear the colour orange to school.

Jenny Wilson Principal
Jasmine is always prepared with her equipment on her desk and often brings in things from home to use for class work.

Think Thirst…..Think Water First!

Did you know? A 250 ml glass of cola contains 6 teaspoons of sugar? And a 250ml glass of apple juice ALSO contains 6 teaspoons of sugar?

Did you know? Water is the best way to quench your thirst? It has no added sugars, flavours, colours or kilojoules! Yet, almost 60% of boys and 40% of girls have more than one high sugar drink every day (juice, energy drink, or soft drink). 20% of children drink fruit juice every day and 40% drink fruit juice at least four times a week. Even a glass of unsweetened orange juice contains 4 teaspoons of sugar. Therefore, consuming just one can of soft -drink per day adds up to a whopping 18 kilograms of sugar in a year!!!

Children also do not recognize the signals of thirst as readily as adults. Children living in hot climates are especially susceptible to developing voluntary dehydration and other health complications such as urine infections, bed-wetting, daytime wetting, and constipation.

Water is essential for
- Aiding in digestion
- Preventing dehydration
- Eliminating body-waste
- Regulating body temperature
- Maximising physical and mental performance
- Protecting the body against chronic illness such as cardiovascular disease and cancer
- Maintaining good oral health

Ensure your child has a water bottle filled with water every day at school!

Information provided by the Metro South Oral Health Services, Brisbane

A Message from ‘The Well-Being Committee, DSS

Students of the Week
On Tuesday Year 2 celebrated Amy Sheil’s birthday. Amy is the President of DSS P & C and often gives her time volunteering in many areas of our school. Thanks so much Amy!

This week in Prep students were asked to create a still life drawing of a vase of flowers. Below we see Sarina Niotakis and Vienna Eugarde’s wonderful masterpieces.

Last Saturday a group of volunteers spent the afternoon sewing the bags for the pamper club. We had a very productive and fun afternoon. The pamper bags have their own hairbrush (kindly donated by P&C), toothbrush (donated by YBB & Colgate) and a number of other little goodies in them. Each Student will have their very own bag which will be kept in the brekkie club/pamper area. All in all we had a very productive and fun afternoon. Thank you all for giving of your time to help out.

Elisha

This week in Prep students were asked to create a still life drawing of a vase of flowers. Below we see Sarina Niotakis and Vienna Eugarde’s wonderful masterpieces.

On Thursday, the Victoria Point Bunnings assisted the Gardening Sub Committee by:
- Talking to the students at Breakfast Club about worm farms and then supplying teams of people to help in the Prep and Primary School Gardens!

Thanks Bunnings
A Perpetual Motion Program is being re-established at Dunwich State School. Special thanks to Lee Cox for co-ordinating the set up. Volunteers are needed to assist with the program. Please contact the office if you are interested.

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**SATURDAY 22nd March - OPENS vs Logan Brothers @ Civic Park Woodridge 1.00pm**

**OPENS catch 10.25am boat**

**SUNDAY 23rd March –**

Under 7 vs Slacks Creek @ Usher Park Slacks Creek 11.00am

Under 9 vs Slacks Creek @ Usher Park Slacks Creek 12 noon

Under 11 vs Centenary @ PJ McIlwain Place Wacol 11.00am

Juniors catch 9.25am boat

Softball and T.Ball starting this Saturday 22nd March at 9.00am Ron Stark Oval – come on down – enjoy a game.

**Perpetual Motion**

Program is being re-established at Dunwich State School. Special thanks to Lee Cox for co-ordinating the set up. Volunteers are needed to assist with the program. Please contact the office if you are interested.

For further information please contact Elisha Iselin on 0434 356 626

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